
AMERICAN JOURNAL OF HEALTH STUDIES

REVIEW ACTIVITY FOR CONTINUING EDUCATION CONTACT HOURS

American Journal of Health Studies has been designated as a Multiple Event Provider of Continuing Education for Certified Health Education Specialists (CHES) by the National Commission for Health Education Credentialing, Inc. (NCHEC). **This *American Journal of Health Studies* Review Activity is offered only to those CHES who are subscribers to the *American Journal of Health Studies* through individual or institutional subscriptions (except library subscriptions).** The activity requires reading selected articles from this issue of *American Journal of Health Studies* and submitting short answers to a series of questions related to the content of articles. The answers to the questions you choose to answer can be forwarded to the AJHS in three ways; mail, fax, or as an E-mail attachment (MS word format or scanned document). Please use the addresses and fax number listed below.

American Journal of Health Studies
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Durham, NC 27713
editor@AmJHealthStudies.com
Fax 919-869-1468

Upon successful completion of the activity for each article in this issue of the journal, 1 NCHEC Continuing Education Contact Hours (Category 1) will be awarded by *American Journal of Health Studies*.

REVIEW ACTIVITY DIRECTIONS

1. Select the articles you wish to read and review from this issue of the AJHS, one (1) CHES CECH is available per article.
2. For the articles you selected, type the short answers to the questions listed. Clearly list the author, title, volume, issue and years for each article you are reviewing and number your answers. For the questions that require listing, each item in the listing should be no longer than a phrase or sentence. For the questions requiring a brief discussion or description, the description should be no longer than 2-4 sentences. Only typed papers will be accepted. Please make sure your name; address; volume and number of the AJHS issue; and CHES number are at the top of the paper.
3. Clip or copy and complete both the *American Journal of Health Studies* Registration Form and the Activity Evaluation Form.
4. Forward your answer sheet, the registration form, and the evaluation form via mail, fax or E-mail to the *American Journal of Health Studies* at the addresses and numbers listed above.

After a review of the answer sheets, a certificate for the appropriate number of Category I Contact Hours will be sent to participants who successfully complete the activity. Answer sheets needing further work for approval will be returned to the participants with specific suggestions for completion.

Review Activity

OBJECTIVES: Upon completion of this review activity, you will have:

- ❶ Reviewed a professional refereed journal manuscript that address one or more of the CHES Responsibilities and Competencies.
- ❷ Discuss how the information from the manuscript you selected can enhance your practice as a Health Educator.==

After completing the required readings, type the appropriate responses for all questions related to each article you select. All answers must be clearly numbered and TYPED. For questions requiring listings, each item in the listing should be no longer than a phrase or a sentence. For those questions requiring a description or discussion, the description should be 2-4 sentences. Specific directions will be provided for other types of questions. Please remember to include your **name, volume, and number of the AJHS issue** and **CHES number** at the top of each page of your answer sheet.

34 (1) A. POPPED©: A Health Education Intervention to Combat the Opioid Epidemic

Describe the value of health education curriculums for public health issues. Discuss how the POPPED© curriculum was developed and the results of the evaluation as reported by the authors.

34 (1) B. Stress, stressors, and academic performance among Asian students in Central California

Describe the problem of stress as it related to the study population of Asian students. Discuss the authors' main findings.

34 (1) C. Religiosity and Depression among a National Sample of Adolescents

Define the mental health issues associated with depression in youth. Describe the authors' findings and recommendations.

34 (1) D. Perceived Barriers to and Social Supports for Breastfeeding Continuation in Rural Middle Tennessee

Describe the barriers to breastfeeding intervention in this region. Discuss strategies that educators may implement to support breastfeeding continuation.

REVIEW ACTIVITY REGISTRATION FORM VOLUME 34 ISSUE 1

Name: _____ CHES # _____

Address: _____

Daytime Telephone: _____ E-mail: _____

Setting in which you practice (check one):

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> School | <input type="checkbox"/> College/University |
| <input type="checkbox"/> Community | <input type="checkbox"/> Worksite |
| <input type="checkbox"/> Medical care | <input type="checkbox"/> Other _____ |

Position Title _____ Years in Profession _____

Review Activity Evaluation (Circle the most appropriate response)

	Strongly Disagree				Strongly Agree
1. Activities address CHES Responsibilities & Competencies	1	2	3	4	5
2. Contact hours equivalent to actual work hours	1	2	3	4	5
3. Content relevant to Health Education practice	1	2	3	4	5
4. The activities contributed to my professional growth as a health educator	1	2	3	4	5

Comments: _____
