

## AMERICAN JOURNAL OF HEALTH STUDIES

### REVIEW ACTIVITY FOR CONTINUING EDUCATION CONTACT HOURS

Health Enhancement Solutions (HES) has been designated as a Multiple Event Provider of Continuing Education for Certified Health Education Specialists (CHES) by the National Commission for Health Education Credentialing, Inc. (NCHEC). HES is working with the AJHS to provide Category I CHES Continuing Education Contact Hours at no charge. **This *American Journal of Health Studies* Review Activity is offered only to those CHES who are subscribers to the *American Journal of Health Studies* through individual or institutional subscriptions (except library subscriptions).** The activity requires reading selected articles from this issue of *American Journal of Health Studies* and submitting short answers to a series of questions related to the content of articles. The answers to the questions you choose to answer can be forwarded to the AJHS in three ways; mail, fax, or as an E-mail attachment (MS word format). Please use the addresses and fax number listed below.

American Journal of Health Studies  
Department of Health and Kinesiology  
158 Y Read (MS4243)  
Texas A&M University  
College Station, TX 77843-4243  
Fax: (979)847-8987  
jeddy@hlkn.tamu.edu

Upon successful completion of the activity for each article in this issue of the journal, 1 NCHEC Continuing Education Contact Hours (Category 1) will be awarded by Health Enhancement Solutions.

### REVIEW ACTIVITY DIRECTIONS

- ❶ Select the articles you wish to read and review from this issue of the AJHS, one (1) CHES CECH is available per article.
- ❷ For the articles you selected, type the short answers to the questions listed. Clearly list the author, title, volume, issue and years for each article you are reviewing and number your answers. For the questions that require listing, each item in the listing should be no longer than a phrase or sentence. For the questions requiring a brief discussion or description, the description should be no longer than 2-4 sentences. Only typed papers will be accepted. Please make sure your name; address; volume and number of the AJHS issue; and CHES number are at the top of the paper.
- ❸ Clip or copy and complete both the American Journal of Health Studies Registration Form and the Activity Evaluation Form. These can also be obtained on-line at [www.ajhs.tamu.edu](http://www.ajhs.tamu.edu).
- ❹ Forward your answers, the registration form, and the evaluation form via mail, fax or E-mail to the *American Journal of Health Studies* at the addresses and numbers listed above.

After reviewing the answers, a certificate for the appropriate number of Category I Contact Hours will be sent to participants who successfully complete the activity. Answers needing further work for approval will be returned to the participants with specific suggestions for completion.

If you have any questions or need further information on the review activities, contact Jim Eddy, American Journal of Health Studies, Department of Health and Kinesiology, Texas A&M University, College Station, TX 77843-4243. (jeddy@hlkn.tamu.edu)

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## Review Activity

OBJECTIVES: Upon completion of this review activity, you will have:

- ❶ Reviewed a professional refereed journal manuscript that address one or more of the CHES Responsibilities and Competencies.
- ❷ Discuss how the information from the manuscript you selected can enhance your practice as a Health Educator.

After completing the required readings, type the appropriate response for all questions related to each article your select. All answers must be clearly numbered and TYPED. For questions requiring listings, each item in the listing should be no longer than a phrase or a sentence. For those questions requiring a description or discussion, the description should be 2-4 sentences. Specific directions will be provided for other types of questions. Please remember to include your **name, address, volume and number of the AJHS issue and CHES number** at the top of each page of your answer sheet.

- 18(4) A. Collaborative Research and Reproductive Health Outcomes Among African American Women (pg. 178)  
From this study, discuss the role of stress on reproductive health outcomes.
- 18(4) A. Readability of Educational Materials Targeting CVD Risk Factors in African Americans and Women (pg. 188)  
Highlight how readability of educational materials was assessed. Review how the results of this study would assist in the program planning process.
- 18(4) B. The Role of Spirituality in Preventing Early Sexual Behavior (pg. 195)  
From a program planning perspective, review the benefits and challenges of using a spirituality focus to design an early sexual behavior prevention program.
- 18(4) C. Improving Community Capacity to Develop Cancer Awareness Programs (pg. 203)  
Review the procedures used in this study to enhance community capacity.
- 18(4) D. Increasing Organizational Capacity for Breast and Cervical Cancer Screening of AAPI Women (pg. 211)  
Review two culturally tailored strategies resulting from the CARE program planning process.
- 18(4) E. Stay Beautiful/Stay Alive: A Successful Approach to Community-Based Participatory Research (pg. 219)  
Discuss two data sources used in the community-based participation research process. How was data used to design the program application?
- 18(4) F. Evaluating the Women's HIV/AIDS Resources Project as a Model for Establishing Transnational Community-Based Partnerships (pg. 225)  
Discuss how the results obtained from the evaluation activity was applied to improve the WHARP Partnership.

**REVIEW ACTIVITY REGISTRATION FORM**  
**VOLUME 18 ISSUE 4**

Name: \_\_\_\_\_ CHES # \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Daytime Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Setting in which you practice (check one)

- School                       College/University  
 Community                 Worksite  
 Medical Care               Other \_\_\_\_\_

Position Title \_\_\_\_\_ Years in Profession \_\_\_\_\_

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**Review Activity Evaluation**

(circle the most appropriate response)

	Strongly Disagree			Strongly Agree		
1. Activities address CHES Responsibilities & Competencies	1	2	3	4	5	
2. Contact hours equivalent to actual work hours	1	2	3	4	5	
3. Content relevant to Health Education practice	1	2	3	4	5	
4. The activities contributed to my professional growth as a health educator.	1	2	3	4	5	

Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_